



# Scottish Country Dancing for Beginners

with Ted Randolph

Thursdays, 7:15 – 9:00 p.m

**September 12 - October 24**

Six sessions (no class on 10/3)

Berkshire Pulse, 420 Park Street, Housatonic, MA (third floor)

<https://berkshirepulse.org/class/scottish-country-dance-open-level-2>

You don't have to be Scottish to enjoy Scottish Country Dancing! Similar to contra dancing and square dancing, SCD adds a variety of steps for moving to the music. These steps and the basic formations are easy to learn (mostly) and fun to do (always). After learning a few essentials, you'll be dancing to traditional Scottish tunes – energetic jigs and reels, as well as a slower tempo called strathspey. No prior experience or partner needed. Casual, comfortable clothing is fine; flexible, soft-soled shoes work well.

Registration is required, cost: \$60

**For more information about the class, or to register, please contact Ted at:**

[tedfr4@gmail.com](mailto:tedfr4@gmail.com)

For a glimpse of Scottish dancing, check out these videos: <https://youtu.be/GynVH2oP9CU> ,

<https://youtu.be/vji59CBavEg> and <https://youtu.be/rEm9OM8of9A?si=G09xGVocYxubrXch>

More information about Scottish Country Dancing may be found at <https://rscds.org/> and

<https://rscdsboston.org/>

