

Because those attending Pinewoods Scottish Session comes from many varied Branches and class situations **we recommend you read the class descriptions.** It is imperative to everyone's enjoyment of the Session to be in the class you are most comfortable with and will benefit the most from.

List of Basic, Intermediate and Advanced Steps and Formations

Basic Steps:

Skip Change of Step
Pas-de-Basque
Slip Step
Strathspey Travel
Strathspey Setting
Stepping up and down

Intermediate Steps:

Highland Schottische
Glasgow Highlanders

Advanced Steps:

Pas-de-Basque-coupe
Any other steps not listed here

Basic Formations:

Advance and Retire
Hands round, Turns
Hands Across,
Leading, Rights and Lefts,
Back to Back,
Casting, Cross and Cast
Set and Cast,
Turn corners and partner
Set to corners,
Set to and turn corners,
Promenade, Allemande, Poussette,
Figure 8, Reels of 3 & 4,
Grand Chain, Ladies' Chain

Intermediate Formations:

Rondel, Knot
Strathspey Poussette
Set and Link
Double Triangles
Set to Corners and Partner

Advanced Formations:

Set and Rotate,
Spurtle
Tournee,
Corner Chain,
Any other Formations not listed

Basic

This class is for dancers who are still mastering the Basic Steps and Formations (listed above). This class will teach and improve the Basic Steps and Formations, understanding of the set configurations and orientations, handing, eye contact, musical phrasing, deportment and covering.

The goals for this class are for dancers to become more comfortable dancing the basic steps, dancing simple dances from talk throughs only and to develop the ability to smoothly transition between steps and formations.

Intermediate

The Intermediate class requires a proficiency in dancing all of all Basic Steps and Formations (listed above). Anyone attending this class must be able to dance a simple dance from a talk through only and have achieved continuity between Basic Formations.

This class will work on improving and learning the Intermediate Steps and Formations and perfecting the Basic Steps and Formations (listed above), with a focus on teamwork, handing, eye contact, phrasing, deportment, and covering.

The goals for this class are for the dancers to improve their ability to dance the Basic and Intermediate Steps and Formations, increase their awareness of phrasing and covering, and increase their ability to dance more complicated dances from a talk through only.

High-Impact Advanced

The High-Impact Advanced class requires dancers to have proficiency in dancing all the Basic and Intermediate Steps and Formations (listed above) and to be skilled in step and formation transitions. This class will also require good physical stamina.

This class will focus on perfecting the Intermediate Steps and Formations and as well as introducing more advanced or unusual steps and formations (listed above).

The goals of this class are to expand the repertoire of advanced formations and dances, to polish individual technique with continuing emphasis on teamwork, phrasing, covering and increase the quality dancing of physically demanding formations and dances.

Low-Impact Advanced

This class is intended for advanced and intermediate dancers who may find the lift and flight required for Scottish Country Dance a challenge but who still want to work on challenging dances, their figures and phrasing.

Participants in this class are required to have proficiency in dancing all the Basic and Intermediate Steps and Formations (listed above) and be skilled in step and formation transitions

The class will include both quick-time and strathspey dances and perhaps other less commonly performed dances. There will be an emphasis on how to perform dances in a low-impact manner without impeding the flow of the dance.

Experienced Social

This is a class for intermediate and advanced dancers who wish to increase their formation and dance repertoires in a social setting. Those attending the class need to have mastered all Basic and Intermediate Steps and Formations (listed above).

Teacher's Choice

This is a class for intermediate and advanced dancers who wish to increase their formation and dance repertoire. Those attending the class need to know and be able to dance all the Basic and Intermediate Steps and Formations (listed above).

The teacher for that day's class will announce at lunch what will be taught in class that afternoon.

Technique & Critique

This class is for dancers who wish to improve their dancing and want personal critique of their individual dance technique. Attendees need to know and be able to dance all Basic and Intermediate Steps and Formations (listed above).

The goal of this class is for individual dancers to improve their individual dancing technique and style as well as refine their individual deportment, handing and team work.

Attendance for this class is limited and requires a dancer to sign up at the beginning of the session.

Tonight's Easy Dances

This class is for everyone who wishes to practice some of the easier dances on the evening's program. Each class will consist of the easy dances from that evening's program. The purpose of this class is to increase the enjoyment of the evening dance party and is especially recommended to those in the Basic Class.

Tonight's Tricky Dances

This class is for everyone who wishes to practice some of the more difficult dances on the evening's program. Each class will consist of the tricky dances from that evening's program. The purpose of this class is to increase the enjoyment of the evening dance party and is recommended for those in the Intermediate and Advanced classes who are unfamiliar with the tricky dances for that evening. We would like to minimize the number of walkthroughs during the evening dance at the same time increasing everyone's enjoyment of the evening's program.

The Tricky Dances will be notated on the evening program.