

Pinewoods Scottish Sessions
Class Description 2017

We have introduced several changes to the class offerings this year. We ask you to be modest in estimating your dancing ability for your enjoyment and that of your fellow dancers.

Basic: This Evening's Steps and Formations

We recommend this choice for dancers who would like to learn and practice the steps and formations involved in the evening's dance program. The goal is to help participants become more comfortable dancing from a talk through only and to assist them in improving their technique.

Intermediate: Technique and Repertoire

The goals of this class will be to improve performance of the steps and formations in List One, to introduce those from List Two, and to refine transitions. Dancers will also have the opportunity to explore the social aspects of dancing, such as teamwork, handing, eye contact, musical phrasing, deportment, and covering.

Advanced: Technique Focus

This is a physically demanding class that expects a high level of proficiency in dancing. Participants should be able to execute all steps and formations at a high standard, and perform smooth transitions. The focus will be on perfecting all aspects of technique in Lists One and Two, while introducing more advanced or unusual formations. The aim is to expand the dancer's repertoire of advanced material and to polish individual technique with continued emphasis on teamwork, phrasing, and covering.

Advanced: Repertoire Focus

Geared toward dancers with an advanced level of knowledge and experience, this class places less emphasis on individual steps and technique. While expanding dancers' repertoire with interesting and challenging dances, teachers will focus on such essential skills and etiquette as teamwork, phrasing, covering, handing, and eye contact.

Morning or Afternoon Social

This class is for all dancers who wish to expand their repertoire of dances and formations in a social setting. Attendees are expected to dance all steps and formations in List One with little or no teaching.

Technique & Critique

Presented for dancers who wish to improve their dancing, this class will offer one-on-one critique from a member of the teaching staff. Attendees should be able to dance all the steps and formations in List One. Attendance is limited. Please sign up on the sheets posted at the beginning of the session.

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LIST ONE

FORMATIONS

- stepping down & up
- hands round
- turn partner
- lead/dance down & up
- hands across
- casting
- rights & lefts
- advance & retire
- back to back
- figures of 8
- balance in line
- promenade for 2 and 3
- allemande for 2 and 3
- set to corners
- set to & turn corners
- grand chain
- ladies' chain
- reels of 3 (across & on the side)
- reels of 4 (on the side & diagonal)
- turn corners & partner
- poussette (in 'reel and jig time)

STEPS

- skip change of step
- pas de Basque
- slip step
- strathspey traveling step
- strathspey setting step

LIST TWO

FORMATIONS

- the rondel
- set & link for 2 and 3
- set & rotate
- crossover reels of 3
- corners pass & turn
- double triangles
- rights & lefts for 3
- poussette in strathspey time
- set to corners & partner (hello-goodbye setting)
- the knot
- men's chain

STEPS

- Highland Schottische, Glasgow Highlanders and other Highland steps