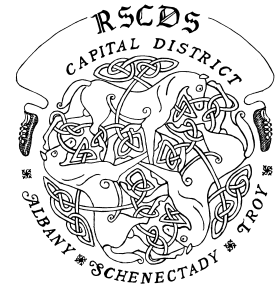


The Capital District NY Scottish Country Dancers
(RSCDS Boston Branch)



NY Capital District Fall Frolic

Weekend of November 1, 2014

YWCA, 44 Washington Ave., Schenectady, NY

Music by The Highland Soles Trio (Ed, Neil and Lilly Pearlman)
Workshops by Dale Birdsall

Saturday:

Social Dance Workshop	10 am – noon	Newbitz House
Party Dance Review	1-3 pm	Newbitz House
Dance Party (\$20 at the door)	7:30 pm	YWCA

Sunday:

Brunch	10:30am	Newbitz House
Highland Soles Concert (Suggested donation \$10-15)	1 pm	Newbitz House

Note for Friday: Party of 3 (Neil and Lilly Pearlman plus drummer Joe de Paulo) will play for the contra at 8pm Friday at the Elks Lodge, 25 S. Allen St, Albany, NY (www.danceflurry.org)

Directions to Newbitz House:

85 Mann Blvd, Clifton Park. From I-87, get off at exit 9 and go east on Route 146. At Route 9, turn left and go north 1.7 miles to the 2nd traffic light. Turn right onto Farm-to-Market Road and go 0.3 miles to the second entrance of Mann Blvd. The house is the 2nd house on the right, and is gray with a raspberry door.

Directions to the Schenectady YWCA:

From the NY Thruway I-90 get on I-890, a loop connecting exits 25 and 26. Take the Washington Avenue exit. The YWCA is at 44 Washington Avenue, about a mile north on the left. They have a parking lot on the side of the building. For more detailed directions, you can use Google Maps and search for YWCA Schenectady NY.

Clifton Park Hotels

Comfort Inn 518-373-0222 Comfort Suites 518-373-2255 Hampton Inn 518-373-2345

Hospitality

Contact Lois New 518-383-6580 loisanew@nycap.rr.com clubitz@nycap.rr.com

Fall Frolic Ball Program

J Flurry Mountain Jig
S Wisp of Thistle
R Miss Johnstone of Ardrossan
J The Wild Geese
S Bob Campbell
R In the Sandbox

J Ellie's Jig
S Gang the Same Gate
R John of Bon Accord
S Casting Glances
J Best Set in the Hall

R Netherby Hall
S Spirit of the Dance
J Mrs. Stewart's Jig
S Moment of Truth
R Falls of Rogie

FLURRY MOUNTAIN JIG (J8x32) 3C (4C set) M Pugh New Brunswick Coll, Adapted

- 1- 8 1s cross RH, cast 1 place, dance 1/2 Fig of 8 round 2s
9-16 1s turn 3s with nearer hands (1s dancing between 3s) & turn 2s with other hand
17-24 1s+3s dance RH across & LH across with 2s
25-32 2s+1s+3s dance reels of 3 on sides (1s giving RSh to 3s to start)

WISP OF THISTLE (S8x32) 3C (4C set) P Kent RSCDS Bk 37

- 1- 8 1s+3s Petronella into center & set to partners, dance 1/2 Reel/4 up & down center of dance
9-16 3s+1s Petronella turn onto own sides & 3s+2s+1s set, 3s+2s+1s turn partners RH to end ready for Allemande
17-24 3s+2s+1s dance Allemande
25-32 1s cross RH & cast down 1 place, dance 1/2 Fig of 8 round 2s to end in 2nd place

MISS JOHNSTONE OF ARDROSSAN (R5x32) (5C set) RGoldring 14 Social Dances 2000

- 1- 8 1s set and cast 1 place, 1s followed by 3s dance up & cast - 1s to 3rd place & 3s to 2nd place. 2s step up on 7-8.
9-16 1s cross down to dance mirror Reels/3 with 4s+5s on opp. sides, 1s end in 3rd place opp. sides
17-24 1s cross up to dance mirror reels of 3 on own sides with 2s+3s, 1s ending 3rd place own sides
25-32 1s set & cast 1 place, 1s followed by 5s dance up between 4s & cast, 1s to 5th place & 5s to 4th place. 4s step up 7-8.

THE WILD GEESE (J8x32) 3C (4C set) RSCDS Bk 24

- 1- 8 1s+3s set advancing & Bal-in-Line, turn partners RH & 1s cast to 3rd place **while** 3s lead up to 1st place
9-16 3s+1s set advancing & Bal-in-Line, turn partners RH & 3s cast to 3rd place **while** 1s lead up to 1st place
17-24 1s lead down & back to 2nd place
25-32 2s+1s dance R&L

BOB CAMPBELL (S8x32) 3C (4C set) J Drewry Canadian Bk

- 1- 8 1s+2s+3s set, turn 2H to end 1s facing down & 2s+3s facing up in center, 1s+2s set advancing passing LSh to change places while 3s set, 2s turn 2H while 1s+3s set advancing to change places
9-16 2s+3s set advancing to change places while 1s turn 2H, 3s turn 2H while 2s+1s set advancing to change places & repeat to 1 2 3
17-24 1s+2s dance the Rondel ending with 1s crossing to opposite sides
25-32 1L+3M turn LH while 1M+3L turn RH, 2M+1L 1/2 turn RH while 2L+1M 1/2 turn LH, 1s cross down to 2nd place as 2s dance out & up to 1st place

IN THE SANDBOX (R8X32) 3C (4C set) Lois New, Unpublished

- 1-8 1s dance down bwn the 3s and cast up to 2nd place (2s step up); 1s+2s dance RH across
9-16 1s+3s LH across; 1s dance up between 2s, cast to 2nd place, advancing to face 1st corners
17-24 1s turn 1st corners RH, pass partner by the R, turn 2nd corners RH, pass partner by the R to end 2nd place own sides
25-32 Circle six hands round and back

NOTE: Instructions taken from Minicribs

ELLIE'S JIG (J8x32) 3C (4C set)

M Briscoe Slip Knot Coll

- 1- 8 1L passes partner LSh & dances down behind Men, crosses below 3s & dances up to place **while** 2L (on bar 3) & 3L (on bar 5) pass partners LSh & follow to place
9-16 Men repeat passing partners RSh
17-24 1s+2s dance the Slip Knot (usual Knot but end by passing Lady in front & dancing 1/2 LH across back to original places)
25-32 1s+2s dance Poussette. 2 1 3

GANG THE SAME GATE (S8x32) 3C (4C set)

M Levy RSCDS Bk 36

- 1- 8 1s cross RH & cast down to 3rd place, cross RH & cast up to 2nd place on own sides
9-16 1s set adv to partner & turn 1st corner 2H to face 2nd corner, 1s dance 1/2 reel of 4 ending M between top couple facing down & L between bottom couple facing up
17-24 1s set adv to partner & turn 4th corner (pstrn) 2H to face own 1st corner (pstrn), 1s dance 1/2 diagonal reel with 1st corners ending in 2nd place opp sides
25-32 3s+1s+2s Set+Link for 3 twice

JOHN OF BON ACCORD (R8x32) 3C (4C set)

R Goldring RSCDS Bk 33

- 1- 8 1s dance 4 progressive 1/2 diagonal reels of 3 firstly 1s pass RSh to 1/2 reel with 2L then 1s pass LSh & 1/2 reel with 2M
9-16 1s pass RSh & 1/2 reel with 3L & lastly pass LSh to 1/2 reel with 3M. 2 3 1
17-24 1s turn RH & cast up to 2nd place on own sides, dance 1/2 Fig of 8 around the 2s to 2nd place opposite sides
25-32 2s+1s+3s turn 3/4 RH to end in line in center of dance facing partners (M facing down & L up) & set, 3/4 turn RH to end on own sides & set

CASTING GLANCES (S8x32) 2C (4C set)

T Wilson Solstice Party Bk

- 1- 8 1M+2L dance diagonal Fig of 8 (start passing LH & dance LSh round own partner, pass RH to dance RSh round other's partner)
9-16 1s+2s set, 1L casts 1 place & 2M casts up 1 place **while** 1M+2L cross into partner's place, 1s set to 2s (across), 1M casts 1 place & 2L casts up 1 place **while** 2M+1L 3/4 turn RH
17-24 1s+2s diag reel/4 (pass ptrn RSh to start), 2M+1L end passing LSh to face ptrn (diagonally)
25-32 2s+1s 1/2 turn 2H & dance Diamond Poussette

BEST SET IN THE HALL (J8x32) 3C (4C Set)

H Greenwood RSCDS Bk 46

- 1- 8 1s set & 1L followed by partner casts below 3s, 1L crosses & casts up to face her 1st corner **while** 1M dances up the middle to face 1st corner
9-12 1s set to 1st corners & dance RSh round each other into 3rd corner (pstrn) **while** 1st corners dance in & turn right about to face their original position
13-16 1s+1st crnr person set & 1st crnr persons dance RSh round each other into diag opp crnrs **while** 1s dance in & pivot to right to face 2nd crnrs
17-24 1s repeat bars 9-16 with 2nd corners & end passing RSh to 2nd place opposite sides. 3 1 2
25-32 2s+1s+3s chase CW 1/2 way & turn partners RH

NETHERBY HALL (R8x32) 2C (4C set)

J Drewry Bon Accord Bk

- 1-16 1M dances 1/2 reel of 3 with 2s (LSh to 2L), 1M picks up his partner & dances a further full reel of 3, 1s followed by 2s lead down to bottom
17-24 2s followed by 1s lead up to top & 1s lead up between 2s cross over & cast to 2nd place on own sides
25-32 1s dance 1/2 Fig of 8 round 2s, 2s+1s set & cross LH

THE SPIRIT OF THE DANCE (S8x32) 3C (4C set)

I Paterson TAC 50TH Anniv

- 1- 8 1s+2s dance a Tourbillon:
1- 4 1s+2s 1/2 turn ptnrs 2H, 1M & 2L lead ptnrs by nearer hand 1 place CW to end
1s on Ladies' side & 2s on Men's side, 1s set to 2s
5- 8 1s+2s 1/2 turn ptnrs 2H & lead ptnrs on 1 place CW & 2s+1s cross RH to own sides
9-16 1s cast to right on own sides & pass RSh in middle of set, cast to right again & pass RSh to end in 2nd place on opposite side
17-28 2s+1s+3s dance 3 couple R&L
29-32 1s turn 1-1/2 times to 2nd place own sides. 2 1 3

MRS STEWART'S JIG (J8x32) 3C (4C set)

F Ligtmans RSCDS Bk 35

- 1- 8 1s set, 1L followed by partner casts 2 places, 1L crosses (below 3s) & casts up on Men's side to 2nd place facing down **while** 1M dances round 3L & up the middle to 2nd place Ladies side facing down
9-16 2s+1s+3s dance Grand Chain, end with 2M & 1M facing out
17-24 2s+1s dance Ladies Chain
25-32 2s+1s+3s Adv+Ret for 2 steps & 1s turn 1-1/2 RH to own sides

MOMENT OF TRUTH (S8x32) 3C (4C set)

C Sigg RSCDS Bk 37

- 1- 8 1s turn 2H, cast to 2nd place, dance down between 3s, cast up 1 place on own sides & dance in to face 1st corners
9-16 1s turn 1st corner RH, partner LH, 2nd corner RH, partner LH end facing 1st corners
17-24 1s dance reels of 3 across (1L+2s & 1M+3s) giving LSh to 1st cnrns & 2s+1s+3s turn 2H
25-32 1s dance Pass+Turn with 1st corners & pass RSh to face 2nd corners, dance Pass+Turn with 2nd corners & dance to places

THE FALLS OF ROGIE (R8x32) 3C (4C set)

J Attwood Alexander Bk 1

- 1- 8 1s cross RH & cast off 1 place, 1s cross RH & each cast to the right (M up L down) ending 1M between 2s and 1L between 3s (2s step up on 3-4)
9-16 1s dance LSh 1/2 reels of 3 across (1M with 2s & 1L with 3s), all set in lines across & change places up and down the set RH with opposite person
17-24 2s+1s+3s chase CW, 1s dance for 4 steps & turn RH to face 1st corner positions as 2s & 3s continue to chase back to place (as of bar 16)
25-32 1s dance 1/2 reel of 4 with 1st corners, passing RSh dance 1/2 reel with 2nd corners & cross passing RSh to 2nd place own sides