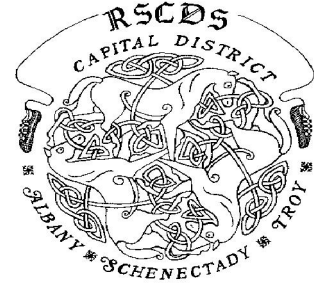


The Capital District NY Scottish Country Dancers
(RSCDS Boston Branch)



NY Capital District Fall Frolic

Weekend of October 29-31, 2010

Germania Banquet Haus, 309 3rd Avenue, Troy, New York

Music by Terpsichore

Elke Baker on Fiddle and Liz Donaldson on Piano

Friday: Contra Dance 8:00pm – 11:00pm (Albany Hibernian Hall)

Saturday: Workshops 10:00am – 3:00pm

Dinner 6:00pm

Dance Party 8:00pm

Sunday: Brunch 10:30am (Newbitz House)

English Country Dance 1:00pm

The Music Will Tell You What To Do! -- Saturday morning (10:00) Elke and Liz will lead the workshop, relating the different types of Scottish dance music to the dances. Dancers, musicians and listeners all welcome. Bring a bag lunch, or fast food nearby.

Party Dance Review with Dale Birdsall - 1:00

The Friday contra dance will be held at the Albany Hibernian Hall, 375 Ontario Street, five blocks south of Madison Avenue in Albany. Sarah Van Norstrand calling, with Elke Baker and Liz Donaldson providing the music. The Sunday English dance at Germania, caller Joanna Reiner from Philadelphia; music by Liz Donaldson and Eric Buddington.

Directions to Dance Workshops and Evening Party at Germania Hall:

I-90 to I-787 North to Rt 7 East (Troy), or I-87 exit 7 to Rt 7 East (Troy). Downtown Troy exit, Right on Hutton Street which deadends at River Street (Rt 4). Right (north) on River Street, a bit over 2 miles, to Germania Haus between 105th and 107th Streets.

Brunch:

The Newbitz house (Cecil and Lois), 85 Mann Blvd, Clifton Park. From I-87, get off at exit 9 and turn right onto 146 East. At Route 9, turn left and go north 1.7 miles to the 2nd traffic light. Turn right onto Farm-to-Market Road and go 0.3 miles to the second entrance of Mann Blvd. The house is the 2nd house on the right, and is gray with a raspberry door.

Hotels

Clifton Park (near Newbitz House): Comfort Inn 518-373-0222; Comfort Suites 518-373-2255; Hampton Inn 518-373-2345.

Latham: Econo Lodge of Latham 518-785-1414; Hampton Inn 518-785-0000; Hampton Inn & Suites 877-477-5817; Holiday Inn Express 518-783-6161; Residence Inn (Marriott) 518-783-0600; Super Eight 518-783-8808.

Wolf Road: Red Roof Inn 800-733-7663; The Courtyard by Marriott 518-482-8800

Troy: Best Western 518-274-3210.

Accommodation: To request hospitality (limited availability) call Howard and Kippy Brezner at 518-456-1732 or email at hsbrezne@gmail.com.

Registration Checks payable to Howard Brezner, CDRSCDS, 11 Sunflower Lane, Colonie, NY 12205.
 Dance booklets will be distributed at the door. We need your dinner reservation by October 23rd.

Name(s) _____	Ball and Brunch	\$40	-----
Address _____	Workshops	\$10	-----
Phone _____	First timers and students (Ball+ Brunch+Workshops)	\$25	-----
E-mail _____	Dinner	\$20	-----
	_____ Chicken		
	_____ Fish		
	TOTAL		=====



Contacts

Lois New (518) 383-6580
 Howard Brezner (518) 456-1732

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hsbrezne@gmail.com

Fall Frolic Ball Program

- | | |
|--------------------------|---------------------------------|
| J St Andrew's Fair | R Goldring 5 SCDs |
| S Bob Campbell | J Drewry Canadian Bk |
| R The Rambling Pitchfork | Boyd (All Kinds of Everything) |
| J Berwick Johnnie | Bk of Graded SCDs |
| S Rose of the North | R Goldring Leeds Silver Jubilee |
| R Mrs Macleod | RSCDS Bk 6 |

Intermission

- | | |
|-------------------------------|--------------------------------------|
| J The Raven's Dance | D Haynes Carnforth Coll 5 |
| S Gang the Same Gate | RSCDS Bk 36 |
| R Miss Johnstone of Ardrossen | R Goldring 14 Social Dances for 2000 |
| J The Chequered Court | RSCDS Bk 42 |
| S Lammermuir Hills | R Goldring Wells House |
| R The Montgomerie's Rant | Castle Menzies RSCDS Bk 10 |

Intermission

- | | |
|---------------------|--------------------------|
| R Westminster Reel | RSCDS Bk 45 |
| S Adieu Mon Ami | RSCDS Bk 24 |
| J Mrs Stewart's Jig | RSCDS Bk 35 |
| S Gypsy Dreams | Terry Glasspool |
| R Falls of Rogie | J Attwood Alexander Bk 1 |

Dance Instructions - I

ST ANDREW'S FAIR (J8x32) 3C (4C set)

R Goldring 5 SCDs

- 1- 8 1s cross RH, cast 2 places, cross LH below 3s & cast up to 2nd place own sides
9-16 2s+1s+3s ½ turn RH retain hands & all set (M face down & L up) 2L leads Ladies across & down own side while 3M leads Men across & up
17-24 3s+1s+2s circle 6H round & back
25-32 3s+1s+2s ½ turn LH retain hands & all set (M face up & L down) 2L leads Ladies across & up own side while 3M leads Men across & down

BOB CAMPBELL (S8x32) 3C (4C set)

J Drewry Canadian Bk

- 1- 8 1s+2s+3s set, turn 2H to end 1s facing down & 2s+3s facing up in center, 1s+2s set advancing passing LSh to change places while 3s set, 2s turn 2H while 1s+3s set advancing to change places
9-16 2s+3s set advancing to change places while 1s turn 2H, 3s turn 2H while 2s+1s set advancing to change places & repeat to 1 2 3
17-24 1s+2s dance the Rondel ending with 1s crossing to opposite sides
25-32 1L+3M turn LH while 1M+3L turn RH, 2M+1L 1/2 turn RH while 2L+1M 1/2 turn LH, 1s cross down to 2nd place as 2s dance out & up to 1st place

THE RAMBLING PITCHFORK (R8x32) 3C (4C Set)

Boyd (All Kinds of Everything)

- 1- 8 1s+2s+3s dance mirror reels of three (1s dance in and down; 2s out and up; 3s in and up)
9-16 1L followed by partner, fig. of 8 round the 2s (pass 2nd man RSh to begin). 1's finish in center with near hands joined, woman on her partner's right.
17.24 1s dance down the middle (3 bars), woman dance under her partner's right arm to change sides (2 bars) and 1s dance up to the top (3 bars).
25-32 1s+2s dance poussette. Note: The new 3s (i.e., the old 4s) prepare to dance in and up to begin the 2nd round.

BERWICK JOHNNIE (J8x32) 3C (4C set)

Bk of Graded SCDs

- 1- 8 1s+2s set, dance 1/2 RH across, set & dance 1/2 LH across
9-16 1s lead down the middle & back to top
17-24 1s+2s dance Allemande 1s end facing 1st corners
25-32 1s turn 1st corners RH, partner LH, 2nd corners RH & partner LH to 2nd places

THE ROSE OF THE NORTH (S8x32) 3C (4C set)

R Goldring Leeds Silver Jubilee

- 1- 4 1s lead down below 3s, cross & cast up to 2nd place on opposite side
5-16 2s+1s+3s dance 3 couple R&L, 1s end facing 1st corners
17-24 1s set & turn 1st corner 2H, set & turn 2nd corner 2H
25-32 1s circle 3H round to left (M with 2s & L with 3s), 1s set to partners (Down/up) & Petronella turn to places

MRS MACLEOD (R8x32) 3C (4C set)

RSCDS Bk 6

- 1- 8 1s+2s dance RH across & LH back
9-16 1s lead down the middle & up to face 1st corners
17-24 1s set to and turn 1st corners, set to and turn 2nd corners
25-32 1s dance reels of 3 on opposite sides, giving LSh to 1st corners & cross to 2nd place own sides

NOTE: Most instructions taken, with great appreciation, from Minicribs

Dance Instructions - II

THE RAVEN'S DANCE (J8x32) 3C (4C set)

D Haynes Carnforth Coll 5

- 1- 8 1s+2s dance double Fig of 8 (1s cross down & 2s out & up to start)
- 9-16 1s dance mirror reels of 3 on opposite sides with 2s+3s & end facing down (L on M's right)
- 17-24 1s (L leading) dance an Alternating Tandem RSh reel of 3 across with 2s (RSh to 2M) & end in center facing down
- 25-32 1s dance down btw 3s, cast up 1 place (opp sides), lead up btw 2s, cross & cast to 2nd place own sides

GANG THE SAME GATE (S8x32) 3C (4C set)

M Levy RSCDS Bk 36

- 1- 8 1s cross RH & cast down to 3rd place, cross RH & cast up to 2nd place on own sides
- 9-16 1s set adv to partner & turn 1st corner 2H, face 2nd corner & dance 1/2 reel of 4 ending M between top couple facing down & L between bottom couple facing up
- 17-24 1s set adv to partner & turn 4th corner (pstn) 2H, face own 1st corner (pstn) & dance 1/2 reel with 1st corners ending in 2nd place opp sides
- 25-32 3s+1s+2s Set+Link for 3 twice

MISS JOHNSTONE OF ARDROSSAN (R5x32) (5C set)

R Goldring 14 Social Dances for 2000

- 1- 8 1s set and cast 1 place, 1s followed by 3s dance up & cast - 1s to 3rd place & 3s to 2nd place. 2s step up on 7-8.
- 9-16 1s cross down to dance mirror Reels of 3 with 4s+5s on opposite sides, 1s end in 3rd place opposite sides
- 17-24 1s cross up to dance mirror reels of 3 on own sides with 2s+3s, 1s ending in 3rd place own sides
- 25-32 1s set & cast 1 place, 1s followed by 5s dance up btw 4s & cast - 1s to 5th place & 5s to 4th place. 4s step up 7-8.

THE CHEQUERED COURT (J8x32) 3C (4C set)

D Brown RSCDS Bk 42

- 1- 8 1s cross RH, cast 1 place, 1s dance 1/2 Figs of 8 (M up through 2s & W down through 3s) & pass LSh to face 1st corners. 2s step up on 3-4.
- 9-16 1s dance Pass+Turn with 1st corners & 1s pull back RSh in center to face W up M down, 1s dance Pass+Turn with 4th corners & pull back RSh to face own sides
- 17-24 1s dance Double Triangles ending with 1L btw 2s facing 2L & 1M btw 3s facing 3M
- 25-32 1s dance reel of 3 across giving RSh to 4th corners & 1s cross RH to own sides

THE LAMMERMUIR HILLS (S8x32) 2C (4C set)

R Goldring Wells House

- 1- 8 1s+2s dance All Round Pousette
- 9-16 1L+2M cross RH & cast behind partners back to original places, 1s+2s dance RH across
- 17-24 1M+2L cross LH & cast behind partners back to original places, 1s+2s dance LH across
- 25-32 1s+2s dance the Knot

THE MONTGOMERIES' RANT (R8x32) 3C (4C set)

Castle Menzies RSCDS Bk 10

- 1- 8 1s cross RH & cast down to 2nd place, cross LH & 1L casts up **while** 1M casts down
- 9-16 1s dance reels of 3 across, 1L with 2s & 1M with 3s
- 17-24 1s with nearer hands joined set to 2L, turn inwards & set to 3M, set 3L, turn & set to 2M
- 25-32 2s+1s+3s dance reels of 3 on sides 1s giving RSh to 2nd corner, 1s cross RH to 2nd place own sides

Dance Instructions - III

THE WESTMINSTER REEL (R8x32) 2C (4C set)

J Hill RSCDS Bk 45

- 1- 8 1M+2L turn RH, 1L+2M turn RH 1-1/2 times end facing partner ready for diagonal reel of 4
- 9-16 1s+2s dance diagonal reel of 4. All finish original places facing diagonally in.
- 17-24 1s+2s Set+Rotate: Set, rotate singly & dance on 1 place CW, change places RH on sides & dance on 1 place to own sides (1s in 2nd pl)
- 25-32 2s+1s dance R&L

ADIEU MON AMI (S8x32) 3C (4C set)

RSCDS Bk 24

- 1- 8 1M & 2M, 1L & 2L set on sides, turn BH, set to partners & turn BH into Allemande hold
- 9-16 1s+2s Allemande 1s end facing 1st corners
- 17-24 1s dance Hello-Goodbye setting (on 23-24, 1s petronella to 2nd place with a clap on 23)
- 25-32 2s+1s+3s circle 6H round & back

MRS STEWART'S JIG (J8x32) 3C (4C set)

F Ligtmans RSCDS Bk 35

- 1- 8 1s set, 1L followed by partner cast off 2 places, 1L cross (below 3s) & cast up behind 3M to 2M place, while 1M dance up the middle to 2L place, both end facing down (2s step up on 7-8)
- 9-16 2s+1s+3s dance Grand Chain, end with 2M & 1M facing out
- 17-24 2s+1s dance Ladies Chain
- 25-32 2s+1s+3s Advance and Retire; 1s turn 12 RH

GYPSY DREAMS (S8x32) 3C (4C set)

Terry Glasspool

- 1- 8 1s cross RH, 1/2 turn 2s LH on sides, 2s+1s chase CCW 1 pl & 3/4 turn partners LH into center to a line of 4 across (Ladies BtoB facing partners)
- 9-16 All dance Gypsy Poussette –
Box setting:
 - 9 All set to the right turning 1/4 turn to right
 - 10 All set to the left (facing away from partner) & 1/4 turn to right
 - 11 All set to the right (facing partner, the Men passing BtoB) & 1/4 turn to right
 - 12 All set to the left (facing away from partner) & No turn. Partners now facing away from each other & not lined up back to back
- Gypsy turn:**
 - 13-14 All cast to right & dance back to the opposite position (as in bar 10)
 - 15-16 All 3/4 turn partners 2H into a line across (as start of poussette but having changed places with partner).
- 17-24 1s+2s dance reel of 4 across ending in prom hold, 2s facing down & 1s facing up (M with partner on their right)
- 25-32 1s+2s wheel round CCW 1/4 way to dance the TOURNEE - Wheel CCW 1/2 way, Men turn Ladies into middle (BtoB) & turn partners 1-1/2 times (2s (at top) RH & 1s turn LH) & dance out to places

THE FALLS OF ROGIE (R8x32) 3C (4C set)

J Attwood Alexander Bk 1

- 1- 8 1s cross RH & cast off 1 place, 1s cross RH & each cast to the right (Man up Lady down) ending 1M between 2s and 1L between 3s (2s step up on 3-4)
- 9-16 1s dance LSh 1/2 reels of 3 across (1M with 2s & 1L with 3s), all set in lines across & change places up and down the set RH with opposite person
- 17-24 2s+1s+3s chase CW, 1s dance for 4 steps & turn RH to face 1st corner positions as 2s & 3s continue to chase back to place (as of bar 16)
- 25-32 1s dance 1/2 reel of 4 with 1st corners, passing RSh dance 1/2 reel with 2nd corners & cross passing RSh to 2nd place own sides