



# Fall Frolic Ball Program

J The Lady Wynd  
S The Sheltered Cove  
R The Barmkin  
J Swashbuckling Iain  
S John McAlpin  
R The Montgomeries' Rant

J Les Remparts de Séville  
S The Shores of Solway  
R On the Quarter Deck  
J Fugal Fergus  
S City of Belfast  
R The Kissing Bridge

R Netherby Hall  
S The Source  
J The Compleat Gardener  
S Linnea's Strathspey  
R The Falls of Rogie

**THE LADY WYND (J8x32) 3C (4C set)**

**Roy Goldring G & S Dances 2**

- 1- 8 1s dance in & cast 1 place, 2s+1s+3s turn partners RH ending in centre facing up
- 9-16 2s+1s+3s Promenade
- 17-24 1s dance Fig of 8 on own sides passing dancer on right RSh
- 25-32 1L+2s **also** 1M+3s dance RH across & 1s pass RSh to dance LH across with other couple

**THE SHELTERED COVE (S8x32) 2C (4C set)**

**M Zadworny Aye Afloat**

- 1- 8 1s set & change places RH, 1s+2s change places LH on sides & set
- 9-16 2s+1s dance Ladies Chain
- 17-24 1s lead down (2 steps) & back up above 2s, cross & cast 1 place
- 25-32 2s+1s dance Diamond Poussette

**THE BARMKIN (R88) Sq.Set**

**R Goldring 24 G & S Dances**

- 1- 8 1s+3s turn partners RH & Men followed by Ladies chase clockwise 1/2 way round set
- 9-16 1s+3s dance RH across in center & LH back to "new" places
- 17-32 2s+4s repeat bars 1-16
- 33-40 1s+3s turn partners LH & Ladies followed by Men chase CCW 1/2 way round set
- 41-48 1s+3s dance R&L
- 49-64 2s+4s repeat bars 33-48
- 65-72 All advance into center with partners & return with corners on diagonal, Ladies dance round corners passing in front to begin & back to place
- 73-80 All advance into center with corners & retire to place with partners, Men dance round partners passing in front to begin & back to place
- 81-88 All circle 8H round & back

**SWASHBUCKLING IAIN (J8x32) 2C (4C set)**

**C Hunt San Francisco Coll 2**

- 1- 8 1M dances reel of 3 on opposite side with 1L+2L (RSh to 2L)
- 9-16 1M followed by partner dances Tandem reel of 3 across with 2s (RSh to 2M)
- 17-24 1M followed by partner dances down the middle & leads her up to top
- 25-32 1s+2s dance Allemande

**JOHN MCALPIN (S8x32) 3C (4C set)**

**H Foss Galloway Album**

- 1- 8 1s Adv+Ret 1 step (touch RH), 1/2 turn LH, lead down RH 1 place & 3/4 turn LH to face 1<sup>st</sup> corners
- 9-16 1s turn RH 1<sup>st</sup> corner, turn partner LH, turn RH 2<sup>nd</sup> corner, turn partner LH ending in 2<sup>nd</sup> place on own sides
- 17-24 2L+1L+3L set, Adv+Ret & set **while** 2M+1M+3M stand for 2 bars, set, Adv+Ret
- 25-32 2s+1s+3s cross RH, circle 6H to left 1/2 way, cross LH & circle 6H to right 1/2 way

**THE MONTGOMERIES' RANT (R8x32) 3C (4C set)**

**Castle Menzies RSCDS Bk 10**

- 1- 8 1s cross RH & cast down to 2nd place, cross LH & 1L casts up to end btw 2s facing 2<sup>nd</sup> M while 1M casts down off to end btw 3s facing 3<sup>rd</sup> L
- 9-16 1s dance reels of 3 across, RSh to 1<sup>st</sup> corners to begin
- 17-24 1s with nearer hands joined (Lady on Man's left) set to 2L & turn inwards to set to 3M, set to 3L & turn inward & set to 2M
- 25-32 2s+1s+3s dance reels of 3 on opposite sides 1s giving RSh to 2nd corner, 1s cross RH to 2nd place own sides

**NOTE: Instructions taken from Minicribs**

**LES REMPARTS DE SÉVILLE (J8x32) 3C (4C set) Aliénor Latour RSCDS Bk 50**

- 1- 8 1s set, cast (2s step up bars 3-4), 1s dance 1/2 Figs 8, 1L round 2s, 1M round 3s
- 9-16 1s turn LH to face 1st corners & dance set to corners & partner ('Hello-Goodbye') to end  
1M between 2s facing down, 1L between 3s facing up
- 17-24 2s+1s+3s Set+Link, all set, all cross RH
- 25-32 2s+1s+3s circle 6H round & back

**THE SHORES OF SOLWAY (S8x32) 3C (4C set) Roy Goldring 10 Social Dances**

- 1- 8 1s dance in & cast to 3rd place, 2s repeat
- 9-16 3s+1s+2s dance the Knot, 1s end facing 1st corners
- 17-24 1s set to 1st corners & dance by the right round each other to face 2nd corners, 1s  
set to 2nd corners & dance round each other to 2nd place own sides
- 25-32 2s+1s+3s circle 6H round & back

**ON THE QUARTER DECK (R8x32) 2C (4C Set) I Boyd Harbour City**

- 1- 8 1s set & cross over RH, set & 3/4 turn RH
- 9-16 1s dance RH across with 2M & LH across with 2L. 1s end in middle facing down.
- 17-24 1L followed by 1M dance down for 2 & 1M followed by 1L dance up for 2, both cast on  
Ladies side & 1M crosses to 2nd place own side (2s step up on 7 & 8)
- 25-32 2s+1s R&L

**FUGAL FERGUS (J8x48) 3C (4C set) Hugh Foss Waverley Fugues**

- Fugue dance - Men copy Ladies 8 bars later
- 1- 8 1L followed by 2L+3L dance CCW round 1+2+3M & back up to places (Men stand)
- 9-16 1L+2L+3L set & cross, set & cross back **while** Men dance CW round set & back to places
- 17-24 1L+2L+3L set & cross RH with partners, turn to right & 1L followed by 2L+3L dance CW  
& down own side 3 2 1 **while** M set and cross to L's side, set and cross back to own side
- 25-32 3L+2L+1L dance reel of 3 on own side (2L RSh to 1L to start) **while** 1M+2M+3M set &  
cross (passing below partner on bar 28), & chase CCW to own side 3 2 1
- 33-40 3L+2L+1L dance a further 1/2 reel of 3 on own side, 1L+2L turn LH 1-1/2 times on side to  
change places **while** Men dance reel of 3 (2M LSh 1M to start)
- 41-48 All Ls stand **while** Men dance a further 1/2 reel of 3 & end 1M+2M turning RH 1-1/2 times)

**CITY OF BELFAST (S3x32) 3C set Mullholland: RSCDS Book 48**

- 1- 8 1s dance 1/2 Fig of 8 round 2s, 1L+2M turn RH 1-1/4 times while 1M+2L turn LH 1-1/4  
times & 1s end BtoB btw 2s facing opp sides, 2s ending in original places
- 9-16 1s+2s dance reel of 4 across & 2s end in 1st places while 1s pass LSh to face 1st corners
- 17-24 1s set to 1st corner & 2nd corner ending (turning to right) btw corners, all set, 1s cross RH
- 25-32 1s+3s dance Espagnole:
  - 25-26 1s+3s cross (Ls lead across RH passing btw Men) with Ls changing places RH
  - 27-28 1s+3s cross back (Men lead across RH between Ls) with Men changing places RH
  - 29-32 3s turn RH as 1s turn LH to end 2 3 1

**THE KISSING BRIDGE (R8x32) 3C (4C set) R Butterfield RSCDS Bk 47**

- 1- 8 1s cast off, dance down behind own lines, and cast up to original places
- 9-16 1s cross down to dance reels of 3 on opposite sides ending in partner's place
- 17-24 1s lead down, cross (M below W, who passes under M's arm) and up, ending facing partner  
with 2H joined
- 25-32 1s+2s dance Poussette 2 1 3

**NETHERBY HALL (R8x32) 2C (4C set)**

**J Drewry Bon Accord Bk**

- 1-16 1M dances 1/2 reel of 3 with 2s (LSh to 2L), 1M picks up his partner & dances a further full reel of 3, 1s followed by 2s lead down for 4 bars  
17-24 2s followed by 1s lead up to top & 1s lead up between 2s cross over & cast to 2<sup>nd</sup> place on own sides  
25-32 1s dance 1/2 Fig of 8 round 2s, 2s+1s set & cross LH

**THE SOURCE (S8x32) 3C (4C set)**

**Kent Smith TAC 50 Ann**

- 1-2 1M+2L turn RH, 1M to 2M position and 2L to 1L position, **while** 2M casts up & 1L casts off  
3-4 Repeat with 2M+1L turning RH, 1M+2L casting, to end in original positions  
5-8 1s+2s circle left 4 hands round  
9-16 1s+2 dance the Bourrel:  
1M+2L set advancing, 3/4 turn 2H & turn right about to end BtoB in center (L face up & M down) **while** partners chase CCW 1/2 way, set to partners & turn 2H. 2s end on own sides in top position. 1s end in center facing L's side, near hands joined, M above the L.  
17-24 2s+1s+3s dance mirror reels of 3 across the dance, 1M gives L shoulder to 2L to begin, 1L gives R shoulder to 3L. Finish in lines of 3 across the dance, 1M btw 2s all facing down, 1L btw 3s all facing up. Corners add loops at end of the reels.  
25-28 Set and Link for 3, ending on opposite sides 2 1 3  
29-32 All take hands and set, cross RH

**THE COMPLEAT GARDENER (J8x32) 3C (4C set)**

**Paterson: RSCDS Graded 3**

- 1- 8 1s+2s Dance Set & Rotate:  
Set, rotate singly & dance CW 1 place, change places RH on sides & dance CW 1 place to own sides (1s in 2nd pl)  
9-16 1s cross RH & cast right, cross LH up/down & cast left to end facing 1st corners  
17-24 1s dance Pass+Turn with 1st corners & pass RSh to face 2nd corners, dance Pass+Turn with 2nd corners & pass RSh to 2nd place own sides  
25-32 2s+1s+3s circle 6H round & back

**LINNEA'S STRATHSPEY (S8x32) 3C (4C set)**

**T Wilson RSCDS Bk 47**

- 1- 8 1s set & cast 1 place, 1s cross passing LSh & cast RSh round 1st corners into face them  
9-16 1s dance 'Hello-Goodbye' setting & end passing RSh to face out in 2nd place own sides  
17-24 Chaperoned Chain Progression:  
17-18 2s & 3s 3/4 turn RH **while** 1s cast 1/4 CW round set  
19-22 1s pick up 2L/3M and promenade CW 1/2 way round set **as** 2M+3L turn LH 1-1/2 times  
23-24 1s dance to 2nd place own sides **while** 3s & 2s 3/4 turn RH. All 3 couples finish in middle facing up 3 1 2  
25-32 3s+1s+2s dance Allemande

**THE FALLS OF ROGIE (R8x32) 3C (4C set)**

**J Attwood Alexander Bk 1**

- 1- 8 1s cross RH & cast 1 place, 1s cross RH & each cast to the right (M up L down) ending 1M between 2s and 1L between 3s (2s step up on 3-4)  
9-16 1s dance LSh 1/2 reels of 3 across (1M with 2s & 1L with 3s), all set in lines across & change places up and down the set RH with opposite person  
17-24 2s+1s+3s chase CW, 1s dance for 4 steps & turn RH to face 1st corner positions as 2s & 3s continue to chase back to place (as of bar 16)  
25-32 1s dance 1/2 reel of 4 with 1st corners, passing RSh dance 1/2 reel with 2nd corners & cross passing RSh to 2nd place own sides